

Type: Assignments

Subject: Primary Health Care Nursing

Subject area: Nursing

Education Level: Masters Program

Length: 1 pages

Referencing style: APA

Preferred English: US English

Spacing Option: Double

School: Chamberlain University

Title: Informed Consent, Maintaining Hippa

Instructions: you are the treating clinician conducting a visit via telehealth. the chief complaint of the patient is "i cannot sleep". you notice the patient has a redenned area on her anterior chest that appears to be a mark from a fist. you are unsure if the patient is alone during your visit. using the elements of informed consent, how would you proceed with this visit? what is your treatment plan? (take into consideration the patient's geographic location and access to pharmaceuticals) your initial post should include two scholarly article printed in the past 5 years. reference in apa format

Informed Consent, Maintaining HIPPA

Student's Name

Institutional Affiliation

Course Number: Course Name

Instructor

Date Due

Elements of Informed Consent

Informed consent is a vital element in the relationship between a patient and a healthcare provider. Smith (2018) notes that individuals aged 18 and above years with mental capacity are entitled to make decisions, including declining or accepting treatment. The author further notes that consent is considered valid if it is informed and the person was not pressured to give their consent. Therefore, healthcare professionals should educate their patients about the benefits, risks, and alternatives of any intervention or procedure to ensure informed consent. The healthcare worker must ensure that the individual can make voluntary decisions regarding the intervention or the procedure.

Elements of the Informed Consent I will consider when conducting a telehealth Visit

Telemedicine uses communication technologies and electronic information to support and provide healthcare remotely. It entails live interactive videoconferencing, remote patient monitoring, and transmission of medical information and images (Marcin, Shaikh, & Steinhorn, 2016). Therefore, I will confirm that the patient is 18 years and above to ensure she can make informed decisions during the visit. I will also inform the patient about myself, including my name and my area of specialization. I will also explain the type of technology I am using and how she can use it to enhance her care delivery, such as identifying a strategic place where she can be alone to improve the privacy and confidentiality of the conversation. I will also explain her rights and what to expect during the telehealth visit. I will also get the patient's consent if a third party observes her visit.

Treatment Plan

The patient's chief complaint is that she cannot sleep. Therefore, the treatment plan will promote good sleeping habits, encourage the patient to engage in relaxation techniques or cognitive behavioral therapy, and prescribe medications like sleeping pills. I will identify a telepharmacy program within her area to get appropriate education and counseling. Additionally, the pharmacist will engage in live-video consultation with the patient before releasing a prescription for the reddened area on her anterior chest and sleeplessness.

References

- Marcin, J. P., Shaikh, U., & Steinhorn, R. H. (2016). Addressing health disparities in rural communities using telehealth. *Pediatric Research*, 79(1), 169-176.
- Smith, A. (2018). Informed consent: how much information should we give patients?. *British Journal of Neuroscience Nursing*, 14(3), 127-129.